

## You are eligible for CHOICE MLTC if you are:

- At least 18 years old
- Eligible for Medicaid
- Living in the service area of the plan
- In need of community-based long term care (for more than 120 days) based on a functional assessment
- Able to remain safely at home with assistance for Activities of Daily Living (such as bathing, dressing, walking or preparing food)

## Yes, you can keep your own doctor!

CHOICE knows how important it is to minimize any disruption in your care. That's why we make this pledge to all new members:

- You can continue to see your own doctors
- We'll do all we can to ensure you keep the aide you have now
- Enrolling will not change your coverage for any important medical benefits, including doctor visits, hospitalizations, emergency room care, prescription drug coverage and more.

And if you don't have a doctor, we can help you find a qualified physician in your area.

*"I am visited by my nurse, social worker, physical therapist, nutritionist... and most of all, I get to be in my own apartment with my family."*

**Felicia R., member VNSNY CHOICE MLTC**



*"The team at VNSNY CHOICE is dependable, which is important when working with an aging population. When they say they'll do something, they do it. That matters to my seniors, and it matters to me."*

**Shea McPartland,**  
Supervising Social Worker,  
Catholic Charities



*"Most of my patients have complex medical needs. When they're with VNSNY CHOICE, I know they'll get a complete plan of care. And I'll have one person I can call to get the complete picture."*

**Jean Louis Dupiton, MD**

## Learn more about MLTC

To find out more, just call us, or have a family member call us. We'll be happy to answer any questions you may have about the plan.

**Call 1-855-AT CHOICE today  
(1-855-282-4642) TTY: 711  
9 am – 5 pm, Monday – Friday  
[vnsnychoice.org/choicemltc](https://vnsnychoice.org/choicemltc)**

For more information on enrolling in MLTC, contact the New York Enrollment Broker at 1-855-222-8350.

**The VNSNY CHOICE service area\* includes these counties: Albany, Bronx, Columbia, Delaware, Dutchess, Erie, Fulton, Greene, Herkimer, Kings (Brooklyn), Madison, Monroe, Montgomery, Nassau, New York (Manhattan), Oneida, Onondaga, Orange, Otsego, Putnam, Queens, Rensselaer, Richmond (Staten Island), Rockland, Saratoga, Schenectady, Schoharie, Suffolk, Sullivan, Ulster, Warren, Washington and Westchester.**

\*This list of counties is current as of February 2016. For updates, please visit [vnsnychoice.org](https://vnsnychoice.org)

VNSNY CHOICE Health Plans complies with Federal civil rights laws. VNSNY CHOICE does not exclude people or treat them differently because of race, religion, color, national origin, age, disability, sex, sexual orientation, gender identity, or gender expression.



**WHERE YOU BELONG.™**



## VNSNY CHOICE MLTC Managed Long Term Care

The health plan for New Yorkers with complex health needs.





## THIS IS WHERE YOU BELONG:

In the home you love.

In the health plan designed to keep you there.

### VNSNY CHOICE Managed Long Term Care

VNSNY CHOICE understands how much your home and community mean to you. That's why we created CHOICE Managed Long Term Care (MLTC), the health plan designed for people who need help with day-to-day activities but want to remain in their homes. We are committed to helping our members live safely and independently at home – and stay out of a nursing home – for as long as possible.

*"All the CHOICE staff are very helpful and very interested. It's very good to get transportation to the doctor. If I didn't have CHOICE, I would have to ask my family."*

**Victor P.,** member VNSNY CHOICE MLTC

CHOICE Health Plans are part of the Visiting Nurse Service of New York, which has been helping New Yorkers live independently in their communities since 1893. That same great mission guides everything we do.

### Your CHOICE Care Team – a different way of managing your care

When you join CHOICE MLTC, you'll have a team of specialized health professionals working together to manage all your care. Led by your own care manager – typically a Registered Nurse – your CHOICE Care Team develops and coordinates a personalized plan of care to meet all your health needs.

For you, your family and your doctor, it's great to know there's always one person to call who has a complete picture of your care.

*"The nurse and the social worker come to visit me. The nurse watches me closely, helps me with nutrition, talks to my doctor to help keep things under control."*

**Naomi M.,** member VNSNY CHOICE MLTC

### VNSNY CHOICE: at your side, on your side

In a confusing health care world, you can count on your CHOICE Care Team to be your allies. To work with your doctors, help set up appointments, monitor your medications, and talk with you and your family so you all understand your health conditions and your treatment.

Our teams know the health care system inside out, so they can cut through the red tape. And make sure you get all the services you qualify for.

Plus, we have a Nurse Support Line to make sure you can reach a CHOICE health professional in person, any time day or night.

### The ABCs of MLTC

CHOICE Managed Long Term Care provides all the Medicaid long-term care and other health-related services you need to live well at home and in your community:

- Care coordination from a dedicated Nurse Care Manager
- Professional nursing care
- 24-hour/7 day a week Nurse Support Line
- Home health care – nursing, home health aide, social work
- Rehabilitation therapies (physical, occupational and speech therapy) either at home or in the community
- Medication management
- Personal care
- Chore service and housekeeping
- Personal Emergency Response Systems

- Scheduled transportation to health-related appointments
- Private Duty Nursing
- Home-delivered meals
- Nutritional counseling
- Adult day health care
- Social day care
- Medical equipment and supplies
- Respiratory therapy and oxygen
- Home safety modifications/improvements
- Prosthetics and orthotics
- Dental care
- Eye exams and glasses
- Foot care
- Hearing exams and hearing aids
- Nursing home care (certain Medicaid restrictions may apply)
- Consumer Directed Personal Assistance Program

