

Earn Rewards for Taking Care of Your Health



As a member of a VNS Health Medicare (HMO) plan, you are automatically enrolled in our Member Rewards Program where you can earn gift cards for completing health activities! See the chart below for a list of qualifying health activities awarded once per year:

 Health Activity	 Value
Annual Wellness Visit	\$30
Flu Shot	\$25
COVID-19 Vaccine (including booster shots)	\$25
Medication Therapy Management	\$25
Mammogram	\$25
Colon Cancer Screening	\$25
Statin Therapy for Patients with Cardiovascular Disease Received Therapy	\$20
Hemoglobin A1c for Diabetes Reward will be based on the final reading of the year.	\$30
Retinal Eye Exam for Diabetes	\$15
Blood Pressure Reading for Hypertension Reward will be based on the final reading of the year.	\$30

See more information on the back.

You must be an active member of the plan to receive rewards. To be rewarded, activities must be completed within the calendar year (January 1, 2023 – December 31, 2023). All services must be medically necessary to earn rewards. The gift card cannot be used for gambling, or to purchase alcohol or tobacco or firearms and cannot be converted to cash.

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How will I get my rewards?

We'll track your progress using claims your doctor submits to verify that you completed the health activity. When you complete an eligible activity, we'll send you a gift card as a reward. Up to three times a year, we will send you gift cards for completing more health activities. Below is a schedule of when cards will be issued in 2023.

Period of time to complete eligible activities	When gift cards will be awarded and mailed for eligible rewards
January 1 – March 31, 2023	June 2023
April 1 – June 30, 2023	September 2023
July 1 – September 30, 2023	December 2023
October 1 – December 31, 2023	March 2024

What's next?

Going to the doctor and taking your medications can help you stay healthy. Here are some tips to help you make the most of your visit:

- Schedule your Annual Wellness Visit.
- Write your questions down at home, before your appointment.
- Make a list of medications and check to see if you need any refills.
- Ask your doctor what screenings you are eligible for, so you can start earning rewards!
- Before you leave your doctor's office, make sure you schedule your next visit.

If you have any questions, please call your Care Team at the number below.

Call 1-866-783-1444 (TTY: 711)

October 1, 2022 – March 31, 2023, 7 days a week, 8 am – 8 pm

April 1, 2023 – September 30, 2023, Weekdays, 8 am - 8 pm