



Earn Rewards for Taking Care of Your Health in 2024



As a member of a VNS Health Medicare (HMO) plan, you are automatically enrolled in our Member Rewards Program where you can earn gift cards for completing health activities! See the chart below for a list of qualifying health activities awarded once per year:

 Health Activity	 Value
Annual Wellness Visit	\$30
Flu Shot	\$25
COVID-19 Vaccine (including booster shots)	\$25
Mammogram	\$25
Colon Cancer Screening	\$25
Statin Therapy for Patients with Cardiovascular Disease- Received Therapy	\$25
Hemoglobin A1c for Diabetes Reward will be based on the final reading of the year.	\$25
Retinal Eye Exam for Diabetes	\$25
Blood Pressure Reading for Hypertension Reward will be based on the final reading of the year.	\$25
Member Advisory Committee (MAC) Meeting Reward will be based on each MAC meeting attended.	\$10

See more information on the back.

You must be an active member of the plan to receive rewards. To be rewarded, activities must be completed within the calendar year (January 1, 2024 – December 31, 2024). All services must be medically necessary to earn rewards. The gift card cannot be used for gambling, or to purchase alcohol or tobacco or firearms and cannot be converted to cash.

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How will I get my rewards?

We'll track your progress using claims your doctor submits to verify that you completed the health activity. When you complete qualified health activities, you'll receive a reward certificate in the mail showing the total dollar amount you earned. A redeem by mail form will also be included so you can choose your gift card(s) or redeem online. Below is a schedule of when rewards will be issued in 2024.

Period of time to complete eligible activities	When gift cards will be awarded and mailed for eligible rewards
January 1 – March 31, 2024	June 2024
April 1 – June 30, 2024	September 2024
July 1 – September 30, 2024	December 2024
October 1 – December 31, 2024	March 2025

What's next?

Going to the doctor and taking your medications can help you stay healthy. Here are some tips to help you make the most of your visit:

- Schedule your Annual Wellness Visit.
- Write your questions down at home, before your appointment.
- Make a list of medications and check to see if you need any refills.
- Ask your doctor what screenings you are eligible for, so you can start earning rewards!
- Before you leave your doctor's office, make sure you schedule your next visit.

Questions? Call 1-866-783-1444 (TTY: 711)

7 days a week, 8 am – 8 pm (Oct. – Mar.)
Weekdays, 8 am – 8 pm (Apr. – Sept.)