

Good news! You're already enrolled.

As a VNS Health Medicare (HMO) member, you're automatically enrolled in the Member Rewards Program. Just complete qualifying health activities to earn rewards. See the list below of qualifying health activities awarded once per year. Check off each health activity as you complete it.

Earn **\$25** for Each Health Activity

- | | |
|--|---|
| ☐ Primary Care Provider (PCP) Visit | ☐ Blood Pressure Reading for Hypertension |
| ☐ Flu Shot | ☐ Kidney Health Screenings (must include both eGFR and uACR tests) |
| ☐ Mammogram | ☐ Bone Density Test |
| ☐ Colon Cancer Screening | ☐ Depression Screening (PHQ-9) |
| ☐ Hemoglobin A1c for Diabetes | |
| ☐ Retinal Eye Exam for Diabetes | |

Earn **\$50** for This Health Activity

- ☐ Annual Wellness Visit

See more information on the back.

You must be an active member of the plan to receive rewards. All health activities are awarded once a year, except where noted differently. To be rewarded, activities must be completed within the calendar year (Jan 1, 2027 – Dec 31, 2027). All services must be medically necessary to earn rewards. Your earned rewards cannot be used for gambling, or to purchase alcohol or tobacco or firearms and cannot be converted to cash.

Earn Rewards for Taking Care of Your Health in 2027



How will I get my rewards?

We'll track your progress using claims your provider submits to verify that you completed the eligible health activity. Your rewards will be loaded onto your Healthy Extras card three times per year. Below is a schedule of when rewards will be issued in 2027.

Activity completion period	When rewards will be loaded
Jan 1 – Mar 31, 2027	Jun 2027
Apr 1 – Jun 30, 2027	Sep 2027
Jul 1 – Sep 30, 2027	Dec 2027
Oct 1 – Dec 31, 2027	Mar 2028

Using Your Rewards:

Your rewards are available after you use your full monthly Over-the-Counter (OTC) benefit. For in-store purchases, select credit and skip PIN entry. Find participating retailers at mybenefitscenter.com or in the OTC Network App. Rewards expire 12 months after they're issued. Please use your rewards before they expire.

What's next?

Make the most of your next provider visit:

- ☐ Schedule your Annual Wellness Visit.
- ☐ Bring your questions and medication list.
- ☐ Ask about eligible health screenings and rewards.
- ☐ Schedule your next appointment before you leave.

Questions? Call 1-866-783-1444 (TTY: 711)

7 days a week, 8 am – 8 pm (Oct. – Mar.)

Weekdays, 8 am – 8 pm (Apr. – Sept.)

vnshealthplans.org

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